

Marla Simlett

SPEAKING & COUNSELLING



Laughter Intelligence™

Harnessing the transformative power of laughter to be better, do better

Marla Simlett (aka *Marvelous Marla*)
Speaker, Emcee, Registered Clinical Counsellor

Book Marla
so you can...



**UNLOCK
TRANSFORMATION**



**UNSTICK
YOUR STUCK**



**CONNECT
AND THRIVE**



**MAKE LEARNING
FUN!**



**BECOME YOUR
GREATEST YOU**



A dose of laughter



**Side effects may include smiles,
self-discovery, and success**

Since I was a young girl, I've known two things: **I love to help others learn and grow and I love to make people laugh.** And when I can do both together – helping people heal with humour – I feel like I've hit the jackpot!

Now, with years of experience under my belt as a counsellor, HR professional, and amateur comedian, I've also come to know that the transformative power of laughter is the gateway to self growth and self love. And achieving wellness and success... in your relationships, your career, your life.

Laughter builds trust. It relaxes our defenses so that we can release old patterns of thinking and behaviour. It opens the door to positivity and potential.

Laughter is more than a momentary hit of joy. It heals, connects, and transforms.

When you do it often, with intention, every area of your life comes alive. Let me show you how.

"I have attended several large events where Marla has facilitated and emceed. Marla contributed to success for these events with her clear instructions, encouragement of audience participation, and ensuring activities ran in accordance with the agenda. The humour she brings was always a sure way of keeping people engaged and connected!"

– Brad G., Senior HR Leader



You had me at 'HA!'

Unleashing the superpower of laughter

In today's busy world, it's easy to feel overwhelmed, stuck in routines and habits that drain our energy, and cut off from the connection we really want. Sound familiar? You're not the only one! Here's the good news: one of the best ways to get unstuck has been with you all along – it's **laughter!**



Lassoing laughter *in your life*

Harness the power of laughter to become your greatest you

Do you ever feel like you are stuck in a life that no longer fits you? What if laughter became your tool for transformation? In this inspiring session, you'll discover how to "unstuck your stuck", using the powerful energy of laughter as a springboard for change.



Lassoing laughter *at work*

Harness the power of laughter to foster connection, productivity, and wellness in the workplace

In today's high-pressure workplace, teams feel drained, disconnected, and disengaged. Thriving requires more than quick fixes—it takes a new approach. In this engaging session, leaders and teams learn to harness the powerful energy of laughter to build trust, connection, and resilience for a stronger, healthier workplace culture.

"Marla brings passion and presence to every event I've experienced with her. She creates an interactive space that keeps participants engaged and energized. Marla would be an asset to any event!"

– Georganne Oldham, Principle,
LeadershipMind Consulting

"You are such a great facilitator! A very engaging speaker and so funny! You made a great experience even better."

– Conference Attendee

"Marla knows how to quickly get up to speed on the tone, theme, and details of a conference. We relied on her to deliver with humour, confidence, and professionalism. Book Marla... she's sure to level-up your event!"

– Nancy O'Krafka, Past Director,
WorkSafeBC

Marvelous
Marla